

Long Lake Central School

Alternate Entrée:

Available every day,
 Please order during home room.
 Fruit & Vegetable Salad Bar
 Peanut Butter & Jelly
 Cold Sandwich
 Ham or Turkey

April 2017

Served Daily:

Milk—1%, Skim,
 Fat Free Chocolate
 Fresh Fruits, Vegetable & Bread

Ala-Carte:

Dessert
 Soup of the Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Cilantro Chicken	4 Hot Ham & Cheese	5 Spaghetti	6 Chicken Fajita	7 Turkey & Gravy Sandwich	8
9	10 Chicken Sandwich	11 Beef Taco	12 Fresh Pizza	13 Sesame Chicken	14 No School <i>Good Friday</i>	15
16 <i>Easter Day</i>	17 No School	18 No School	19 No School	20 No School	21 No School	22
23	24 Chicken Quesadillas	25 Hamburger	26 Stromboli	27 Turkey Dinner	28 Italian Sub	29
30						
<i>Weekly Breakfast Menu</i>	<u>Monday</u> Muffins English Muffins	<u>Tuesday</u> Pancakes Sausage Patties	<u>Wednesday</u> Ham & Cheese Omelets Home Fries	<u>Thursday</u> French Toast Sticks or Waffles	<u>Friday</u> Bagels wheat or Cinnamon Raisin	