

Long Lake Central School

Alternate Entrée:

Available every day,
 Please order during home room.
 Fruit & Vegetable Salad Bar
 Peanut Butter & Jelly
 Cold Sandwich
 Ham or Turkey

June 2017

Served Daily:

Milk—1%, Skim,
 Fat Free Chocolate
 Fresh Fruits, Vegetable & Bread

A la-Carte:

Dessert
 Soup of the Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Chicken Pasta Primavera	2 Hot Dog	3
4	5 Chicken Quesadillas <i>Regents</i>	6 Beef Taco	7 Baked Penne	8 Sesame Chicken <i>School Exams</i>	9 Italian Sub <i>School Exams</i>	10
11	12 Chicken Sandwich <i>School Exams</i>	13 Hot Ham & Cheese <i>Regents</i>	14 Fresh Pizza <i>Regents</i>	15 Turkey Dinner <i>Regents</i>	16 Macaroni & Cheese <i>Regents</i>	17
18	19 Elementary Picnic Alt. Lunch <i>Regents</i>	20 Chicken Fajita <i>½ Day Regents</i>	21 Spaghetti <i>½ Day Regents</i>	22 Stromboli <i>Last Day ½ Day Regents</i>	23 Commencement	24
25	26	27	28	29	30	
<i>Weekly Breakfast Menu</i>	<u>Monday</u> Muffins English Muffins	<u>Tuesday</u> Pancakes Sausage Patties	<u>Wednesday</u> Ham & Cheese Omelets Home Fries	<u>Thursday</u> French Toast Sticks or Waffles	<u>Friday</u> Bagels wheat or Cinnamon Raisin	