

Long Lake Central School

Alternate Entrée:

Available every day,
 Please order during home room.
 Fruit & Vegetable Salad Bar
 Peanut Butter & Jelly
 Cold Sandwich
 Ham or Turkey

March 2017

Served Daily:

Milk—1%, Skim,
 Fat Free Chocolate
 Fresh Fruits, Vegetable & Bread

Ala-Carte:

Dessert
 Soup of the Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Stromboli	2 Turkey Dinner	3 Corned Beef Rueben Casserole	4
5	6 Cilantro Chicken	7 Bagelwich	8 Spaghetti	9 Chicken Fajita	10 Hot Turkey Sandwich	11
12	13 Chicken Sandwich	14 Beef Taco	15 Fresh Pizza	16 Sesame Chicken	17 Italian Sub	18
19	20 Chicken Quesadilla	21 Hot Ham & Cheese	22 Baked Penne	23 Chicken Pot Pie	24 No School Superintendent Conference Day	25
26	27 Teriyaki Chicken Wrap	28 Sloppy Joe	29 Santa Fe Pizza	30 Chicken Pasta Primavera	31 Chili	
<i>Weekly Breakfast Menu</i>	<u>Monday</u> Muffins English Muffins	<u>Tuesday</u> Pancakes Sausage Patties	<u>Wednesday</u> Ham & Cheese Omelets Home Fries	<u>Thursday</u> French Toast Sticks or Waffles	<u>Friday</u> Bagels wheat or Cinnamon Raisin	